

## Trainingstag Donnerstag

Viereck 20 x 40m

| Zeit  | Name                  |
|-------|-----------------------|
| 17:30 | Nele Aschenbroich     |
|       | Michelle Blindert     |
|       | Romy Germann          |
|       | Kristin Renisch       |
| 17:45 | Marisa Sarah Heitmann |
|       | Saskia Schomann       |
|       | Jenny Schönau         |
|       | Kristina Beckehoff    |
| 18:00 | Dorina Klink          |
|       | Mia Sophie Klein      |
|       | Nadine Orlowski       |
|       | Claudia Zylka         |
| 18:15 | Siegried Winkler      |

Viereck 20 x 60m

| Zeit  | Name                    |
|-------|-------------------------|
| 17:30 | Sabine Straetmans       |
|       | Nicole Supe             |
|       | Lucia Marie Emma Thiele |
|       |                         |
| 17:45 | Matthias Bouten         |
|       | Emely Schermuck         |
|       | Hanna Stein             |
|       |                         |
| 18:00 | Laura Conrads-von Stein |
|       | Vanessa Hagekötter      |
|       | Bettina Tempel-Klein    |
|       |                         |